

Sourcing & Beyond...





Fitsource India Private Ltd. was established for one primary reason: to improve the health and wellness of our society and to partner you in your journey to wellness. We believe a healthy and fit society is a productive and happy society. It is this belief that is our guiding principle.

Fitsource was created to ensure that physical activity is used to achieve the desirable result: health optimisation. We have the experience and the wherewithal to achieve this goal and we are here to help you in your endeavour. So whether you are a corporate keen to establish a fitness culture in your organisation, a builder or a developer looking to develop fitness centres in your properties or an individual looking to make fitness a part of your life, we are here to address all your needs. So come over and begin your journey with us!

#### Our Team

Our team of highly skilled and specialised experts are well trained to address and manage all your fitness needs. Their vision, drive, enthusiasm and expertise will ensure that you are set up with a fitness platform to match your particular needs.



# What do we do?

### Fitness Infrastructure:

Our core competence area: we design, set up and manage fitness centers.

We provide an end to end solution: from designing to setting up and managing the fitness centre.

Our staff will assess the feasibility, determine needs, outline specifications and make recommendations based on YOUR needs, rather than offering a standard template solution.

# Fitness Equipment:

We also sell and service various kinds of fitness equipment to cater to your needs. We have established connections with the best equipment manufacturers in the business. Quality assured on all parameters!

#### AMC& Services:

We provide AMC (Annual Maintenance Contract) for all kinds of gym equipment - covering all brands and models. Our quality checks follow our own stringent internal guidelines as well as internationally established parameters. So let us look after your fitness needs - hassle free!









....there is no pain, there is no gain.

.... the best project that you will ever work on is you.

We are here to make the pain worth it, we are here to make you the best you can ever be. We are here to guide you on every step of the journey. Because the journey is the destination.

# Manpower Expertise

Our team comprises the best the industry has to offer. Armed with all the mandatory fitness certifications, our self-driven staff ensure that the fitness centres are run according to industry standards. They work in close consultation with all the individual customers, focusing on their diverse needs - physical and mental -and arriving at fitness plans tailored to meet specific individual demands.

We have, as part of our personnel: gym instructors, aerobics instructors, yoga teachers, zumba instructors, physiotherapist, nutritionists, counsellors and doctors.

# Wellness cultures

Our wellness professionals design and implement wellness programs that motivate and nurture healthy habits. Our knowledge hase and experience leaves us well placed to conduct seminars to disseminate valuable information on various health aspects, on how to leading to a healthy lifestyle, ergonomics, healthy eating, and henefits of yoga to our various clients.









Wellness is the proactive approach to our physical, emotional, social & mental health.

# Run... play... &... Enjoy...

We also realise that relaxation and recreation is an important aspect of fitness, catering to both physical and mental well-being, allowing for development of the much-needed social connections. Want to have some fun with your friends and colleagues? To this end we sell and service indoor and outdoor sports equipment (snooker table, TT table, Foosball table) aiming to satisfy all your recreational needs.

Why should children be left out? Let them run, play and enjoy under the sun with our custom designed indoor and outdoor children's play equipment. So whether it is at a park, a mall, a daycare centre, an office creche . . . our structures that conform to all safety and quality norms with let your little ones have the time of their lives!



What are you waiting for? Contact us!



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